



You are invited!

Anniversary Celebration

Sunday, September 29th
At Weed Beach
from 4-5pm

Please join us
to celebrate our volunteers and
to dedicate park benches in
honor of individuals who have
contributed to our success!

The event is free and open to
the public.

Please RSVP
203.655.2227 or on our website
athomeindarien.org/special-events/
so we have adequate refreshments.

At Home In Darien

Board of Directors

Annual Meeting

Tuesday, December 3, 2019
at 11:00 a.m.

Darien Library Community Room,
1441 Post Road

Join us for refreshments and learn more
about how the organization has grown over
the past decade!

RSVP by November 25th **203.655.2227** or
Info@AtHomeInDarien.org

At Home In Darien and
The Darien Community Association
invite you to attend the



At Home In Darien

Annual Luncheon

Heart Disease: Still the One

Featuring **Dr. Mina Owlia**
Stamford Health Medical Group

Join us for an interesting and informative
discussion. Learn how to minimize the risk of
heart disease and improve your quality of life
by adopting healthy lifestyle habits.

Tuesday, October 22, 2019
11:30 a.m. to 1:00 p.m.

Darien Community Association
274 Middlesex Road

Free presentation and lunch for
all Darien Seniors

RSVP by October 11th
Space is limited, please respond early to
ensure a seat at this popular event.

203.655.2227

Or

info@AtHomeInDarien.org



From a young age Dr. Mina Owlia knew she wanted to be a physician. She was drawn to the field of noninvasive cardiology because it enables her to help patients with a full spectrum of cardiovascular issues. Her clinical expertise includes the management of complex coronary artery disease, heart failure, valvular disease and preventative cardiology.